



## About You

1. What grade are you in?

- Grade 7
- Grade 8
- Grade 9
- Grade 10
- Grade 11
- Grade 12

Quebec students  
only

- Secondary I
- Secondary II
- Secondary III
- Secondary IV
- Secondary V

2. How old are you today?

- 11 years or younger
- 12 years
- 13 years
- 14 years
- 15 years
- 16 years
- 17 years
- 18 years
- 19 years or older

3. What was your sex at birth?

- Female
- Male

4. What is your gender?

*Gender refers to current gender which may be different from sex assigned at birth and may be different from what is indicated on legal documents.*

- Woman / girl
- Man / boy
- Or please specify: \_\_\_\_\_

5. Which of the following best describes you?

- Gay or lesbian
- Straight, that is, not gay or lesbian
- Bisexual
- Asexual, that is, someone who doesn't experience sexual attraction
- I am not yet sure of my sexual identity
- Something else. I identify as \_\_\_\_\_
- I am not sure what this question means

6. How many years have you lived in Canada?

- I was born in Canada
- 1 to 2 years
- 3 to 5 years
- 6 to 10 years
- 11 or more years

## Tobacco Use

7. Have you ever tried cigarette smoking, even just a few puffs?

- Yes
- No

8. How old were you when you first tried smoking cigarettes, even just a few puffs?

- I have never done this
- I do not know
- 8 years or younger
- 9 years
- 10 years
- 11 years
- 12 years
- 13 years
- 14 years
- 15 years
- 16 years
- 17 years
- 18 years or older

9. At any time during the next 12 months do you think you will smoke a cigarette?

- Definitely yes
- Probably yes
- Probably not
- Definitely not

10. At any time during the next 12 months do you think you will use an e-cigarette (vape, vape pen, tank & mod)?

- Definitely yes
- Probably yes
- Probably not
- Definitely not

11. Have you ever smoked a whole cigarette?

- Yes
- No

12. Have you ever smoked 100 or more whole cigarettes in your life?

- Yes
- No

13. On how many of the last 30 days did you smoke one or more cigarettes?

- None
- 1 day
- 2 to 3 days
- 4 to 5 days
- 6 to 10 days
- 11 to 20 days
- 21 to 29 days
- 30 days (every day)

**14. Thinking back over the last 7 days, which days did you smoke at least one whole cigarette?**

- I have never smoked
- I did not smoke in the last 7 days
- I smoked every day
- I smoked on weekend days only (*after school Friday - Sunday*)
- I smoked on week days only
- I smoked on week days and weekend days, but not every day

**15. Thinking back over the last 7 days, how many whole cigarettes did you smoke each day?**

Please use only numbers. For example, if you smoked 12 cigarettes, fill in the boxes like this:

1	2
---	---

Sunday:		
Monday:		
Tuesday:		
Wednesday:		
Thursday:		
Friday:		
Saturday:		

**16. Have you ever tried to quit smoking cigarettes?**

- I have never smoked
- I have only smoked a few times
- I have never tried to quit
- I have tried to quit once
- I have tried to quit 2 or 3 times
- I have tried to quit 4 or 5 times
- I have tried to quit 6 or more times

For office use only									
0	0	0	0	0	0	0	0	0	0
1	1	1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2	2	2
3	3	3	3	3	3	3	3	3	3
4	4	4	4	4	4	4	4	4	4
5	5	5	5	5	5	5	5	5	5
6	6	6	6	6	6	6	6	6	6
7	7	7	7	7	7	7	7	7	7
8	8	8	8	8	8	8	8	8	8
9	9	9	9	9	9	9	9	9	9

**17. Where do you usually get your cigarettes? (Mark only one)**

- I do not smoke
- I buy them myself at a store
- I buy them from a First Nation Reserve (i.e. delivery service)
- I buy them on a First Nation Reserve
- I buy them from a friend
- I buy them from someone else
- I ask someone to buy them for me
- My brother or sister gives them to me
- My mother or father gives them to me
- A friend gives them to me
- Someone else gives them to me
- I take them from my mother, father, or siblings
- Other

**18. Thinking about the last time you bought cigarettes in the last 12 months, what did you buy?**

- I did not buy cigarettes in the last 12 months
- A single cigarette
- A pack of 20 cigarettes
- A pack of 25 cigarettes
- A bag of 200 cigarettes
- A carton (200 cigarettes)
- A can or pouch of tobacco (loose tobacco)
- Another amount

**19. Thinking about the last time you bought cigarettes in the last 12 months, how much did you pay?**

- I did not buy cigarettes in the last 12 months
- I do not remember the price
- \$1.00 or less
- \$1.01 to \$6.00
- \$6.01 to \$8.00
- \$8.01 to \$10.00
- \$10.01 to \$15.00
- \$15.01 to \$20.00
- \$20.01 to \$40.00
- \$40.01 to \$60.00
- \$60.01 to \$80.00
- \$80.01 or more

**20. When you first tried a tobacco product (not including e-cigarettes), was it flavoured (including menthol)?**

- I have never used a tobacco product
- Yes
- No

**21. Which did you try first: a cigarette or an e-cigarette (vape, vape pen, tank & mod)?**

- I have never tried a cigarette nor an e-cigarette
- I have only tried a cigarette and never tried an e-cigarette
- I have only tried an e-cigarette and never tried a cigarette
- I have tried both and tried a cigarette first
- I have tried both and tried an e-cigarette first
- I do not remember

**22. On how many of the last 30 days did you use an e-cigarette (vape, vape pen, tank & mod)?**

- Daily or almost daily
- Less than daily, but at least once a week
- Less than weekly, but at least once a month
- Less than monthly
- Not at all
- I do not know

**23. Where do you usually get your e-cigarettes and supplies (vape, vape pen, tank & mod, e-juice)?**  
(Mark all that apply)

- I do not use e-cigarettes
- I buy them from a vape shop
- I buy them from a convenience store
- I ask someone to buy them for me
- I buy them online
- A family member gives them to me
- A friend gives them to me
- Someone else gives them to me
- I use my mother's, father's, or siblings' without their permission
- I use someone else's without their permission
- Other

**24. In the last 30 days, did you use any of the following?**

	Daily or almost daily	Less than daily, but at least once a week	Less than weekly, but at least once in the last 30 days	Tried, but did not use in the last 30 days	I have never tried
a) Cigars, little cigars or cigarillos (plain or flavoured)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) Smokeless tobacco (chewing tobacco, pinch, dip, snuff, or snus)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) Nicotine patches, nicotine gum, nicotine lozenges, nicotine inhalers, or nicotine spray	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d) A water-pipe (hookah) to smoke shisha (tobacco)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e) Heated tobacco products (iQOS <sup>TM</sup> or Glo <sup>TM</sup> )	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f) E-cigarettes (vape, vape pen, tank & mod) <b>with</b> nicotine	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g) E-cigarettes (vape, vape pen, tank & mod) <b>without</b> nicotine	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



**31. In the last 30 days, how often did you have 5 or more drinks of alcohol on one occasion?**

- I have never had 5 or more drinks of alcohol on one occasion
- I have not done this in the last 30 days
- Once or twice
- Once or twice a week
- 3 or 4 times a week
- 5 or 6 times a week
- Every day
- I do not know

**32. In the last 12 months, did you drink any of the following?**

Yes No

- |  |                       |                       |
|--|-----------------------|-----------------------|
| a) An energy drink like Red Bull®, Monster® and Rockstar®, not sports drinks                             | <input type="radio"/> | <input type="radio"/> |
| b) Alcohol and an energy drink drank separately on one occasion  | <input type="radio"/> | <input type="radio"/> |
| c) Alcohol and an energy drink hand-mixed together by you or someone else                                | <input type="radio"/> | <input type="radio"/> |
| d) Store-bought pre-mixed alcoholic beverages with energy drink names (such as Rockstar®+Vodka)          | <input type="radio"/> | <input type="radio"/> |
| e) Sweetened beverages with high alcohol content (7% or higher), (such as Four Loko, FCKD UP, Clubtails) | <input type="radio"/> | <input type="radio"/> |

## Marijuana/Cannabis Use

**33. Have you ever used or tried marijuana or cannabis (a joint, pot, weed, hash, or hash oil)?**

- Yes
- No

**34. In the last 12 months, how often did you use marijuana or cannabis?**

- I have never used marijuana or cannabis
- I have not done this in the last 12 months
- Less than once a month
- Once a month
- 2 or 3 times a month
- Once a week
- 2 or 3 times a week
- 4 to 6 times a week
- Every day
- I do not know

**35. How old were you when you first used marijuana or cannabis?**

- I have never used marijuana or cannabis
- I do not know
- 8 years or younger
- 9 years
- 10 years
- 11 years
- 12 years
- 13 years
- 14 years
- 15 years
- 16 years
- 17 years
- 18 years or older

**36. In the last 30 days, how often did you use marijuana or cannabis?**

- I have never used marijuana or cannabis
- I have not done this in the last 30 days
- Once or twice
- Once or twice a week
- 3 or 4 times a week
- 5 or 6 times a week
- Every day
- I do not know

**37. Indicate whether you have used marijuana or cannabis (a joint, pot, weed, hash, or hash oil) in the following ways:**

No, I have never done this

Yes, I have done this in the last 12 months

Yes, I have done this but not in the last 12 months

- a) Smoked a joint, bong, pipe or blunt
- b) Eaten it in food such as brownies, cakes, cookies or candy
- c) Drank it in tea, cola, alcohol, or other drinks
- d) Vaporized it (vape)
- e) Dabbed it
- f) Used it some other way

**38. In the last 12 months, how did you usually get the marijuana or cannabis you used? (Mark only one)**

- I have never used marijuana or cannabis
- I have not done this in the last 12 months
- I grow my own
- It was shared around a group of friends
- I took it from a family member or friend without their permission
- I took it from someone else without their permission
- I got or bought it from a family member or a friend
- I got or bought it from someone else
- I bought it from a store
- Someone bought it for me at a retail store
- Other

**39. The use of cannabis was made legal for adults in Canada. Has it been easier to get marijuana or cannabis for yourself after legalization?**

- I have never bought/got marijuana or cannabis
- It has been easier
- It has been harder
- Neither easier nor harder

**40. In the last 12 months, how often did you have alcohol AND marijuana or cannabis on the same occasion? (e.g., at a party, in the same evening, etc.)**

- I have never had alcohol AND cannabis on one occasion
- I have not done this in the last 12 months
- Less than once a month
- Once a month
- 2 to 3 times a month
- Once a week
- 2 to 5 times a week
- Daily or almost daily
- I do not know

## Other Drug Use

**41. Have you used a drug or substance to get high without knowing what it was?**

- No, I have never done this
- Yes, I have done this in the last 12 months
- Yes, I have done this, but not in the last 12 months



46. Have you used ADHD medicine for non-medical reasons or to get high (Ritalin®, Concerta®, Adderall®, Dexedrine®, ...)?

- No, I have never done this
- Yes, I have done this in the last 12 months
- Yes, I have done this, but not in the last 12 months

47. In the last 12 months, were you given a prescription by a Health Care Provider for sedatives or tranquilizers to help you sleep, calm down, or relax your muscles (Ativan®, Xanax®, Valium®, ...)?

- Yes
- No
- I do not know

48. Have you used sedatives or tranquilizers for non-medical reasons or to get high (Ativan®, Xanax®, Valium®, ...)?

- No, I have never done this
- Yes, I have done this in the last 12 months
- Yes, I have done this, but not in the last 12 months

49. In the last 12 months, were you given a prescription by a Health Care Provider for prescribed pain relievers (*oxycodone, fentanyl, morphine, codeine, T3, ...*)? This does not include pain relievers such as Advil®, Aspirin®, or regular Tylenol® that anyone can buy in a drug store.

- Yes
- No
- I do not know

50. Have you used the following prescription pain relievers for non-medical reasons or to get high?

No, I have never used this

Yes, I have used this in the last 12 months

Yes, I have used this, but not in the last 12 months

- a) Oxycodone (oxy, OC, APO, OxyContin®, percs, roxies, OxyNEO®, ...)
- b) Fentanyl
- c) Other prescription pain relievers (morphine, codeine, ...)

51. In the last 12 months, if you did use prescribed pain relievers for non-medical reasons or to get high, how did you get them?

- I have never taken prescribed pain relievers for non-medical reasons or to get high
- I did not do this in the last 12 months
- I used pain relievers from my own prescription for non-medical reasons or to get high
- I took them from a family member or friend without their permission
- I took them from someone else without their permission
- I got or bought them from a family member or friend
- I got or bought them from someone else
- Other



55. Have you ever been a passenger in a vehicle (e.g., car, snowmobile, motor boat, or all-terrain vehicle (ATV)) ...

No, never

Yes, in the last 30 days

Yes, more than 30 days ago

I do not know

a) driven by someone who had one or more drinks of alcohol in the last hour?





b) driven by someone who had been using marijuana or cannabis in the last 2 hours?





56. Which behaviours are allowed, or do you think are allowed, at your house?

Allowed inside and outside

Allowed inside only

Allowed outside only

Not allowed inside or outside

a) smoking cigarettes?





b) smoking cannabis?





c) vaping e-cigarettes?





d) vaping cannabis?





## Bullying and Sleep

57. In the last 30 days, in what ways were you bullied by other students?

a) Physical attacks (getting beaten up, pushed, or kicked, ...)



b) Verbal attacks (getting teased, threatened, or having rumours spread about you, ...)



c) Non-verbal attacks (being ignored, being left out or excluded, being given dirty looks, ...)



d) Cyber-attacks (being sent mean text messages or having rumours spread about you on the internet, ...)



e) Had someone steal from you or damage your things



58. In the last 30 days, how often have you been bullied by other students?

I have not been bullied by other students in the last 30 days

Less than once a week

About once a week

2 or 3 times a week

Daily or almost daily

59. In the last 30 days, in what ways did you bully other students?

Yes

No

a) Physical attacks (beat up, pushed, or kicked them, ...)



b) Verbal attacks (teased, threatened, or spread rumours about them, ...)



c) Non-verbal attacks (ignoring, leaving someone out or excluding them, giving dirty looks, ...)



d) Cyber-attacks (sent mean text messages or spread rumours about them on the internet, ...)



e) Stole from them or damaged their things



60. In the last 30 days, how often did you bully other students?

I have not bullied other students in the last 30 days

Less than once a week

About once a week

2 or 3 times a week

Daily or almost daily

